



Putting **Rare** Diseases Patients First!

# ***“The Patient’s Perspective”***

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Putting Rare Diseases Patients  
First!***

***ASCPT 2016***

# Outline

- The World of the Rare Diseases Patient
- Patient Engagement and Empowerment
- Making an Impact: Your Role as Researchers and Drug Developers

# **The World of the Rare Diseases Patient**

# **The World of the Rare Diseases Patient**

Diagnosis

# **The World of the Rare Diseases Patient**

Treatment

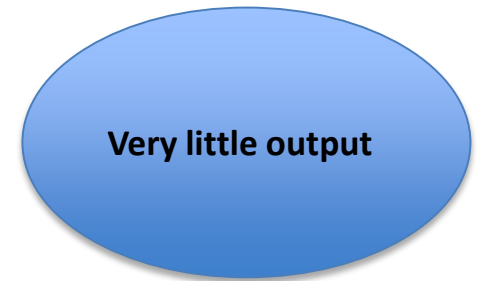
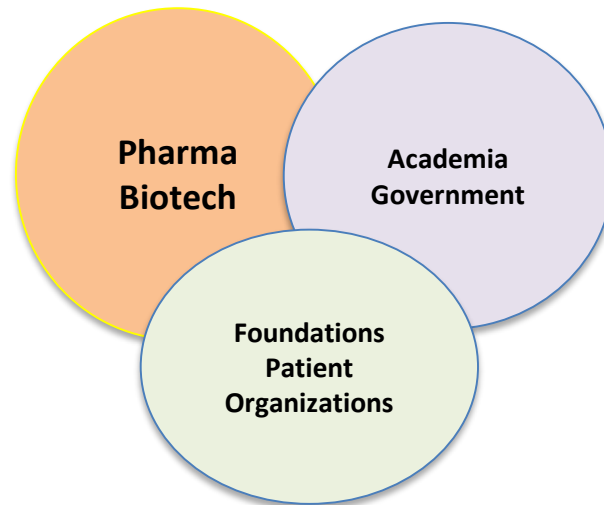
# The World of the Rare Diseases Parent



# The World of the Rare Diseases Patient

Help

# Help







European Liver Patients Association



NORD National Organization for Rare Disorders

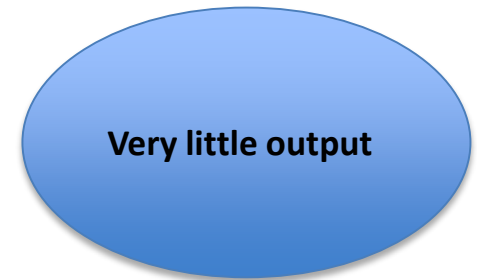
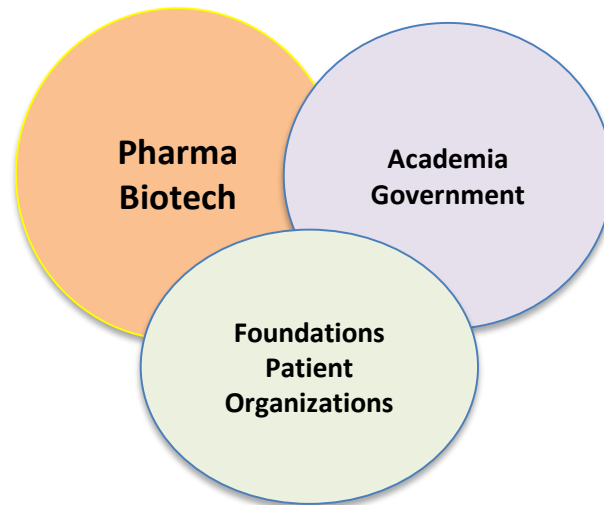
EUROPEAN MULTIPLE SCLEROSIS PLATFORM



FABRY International Network

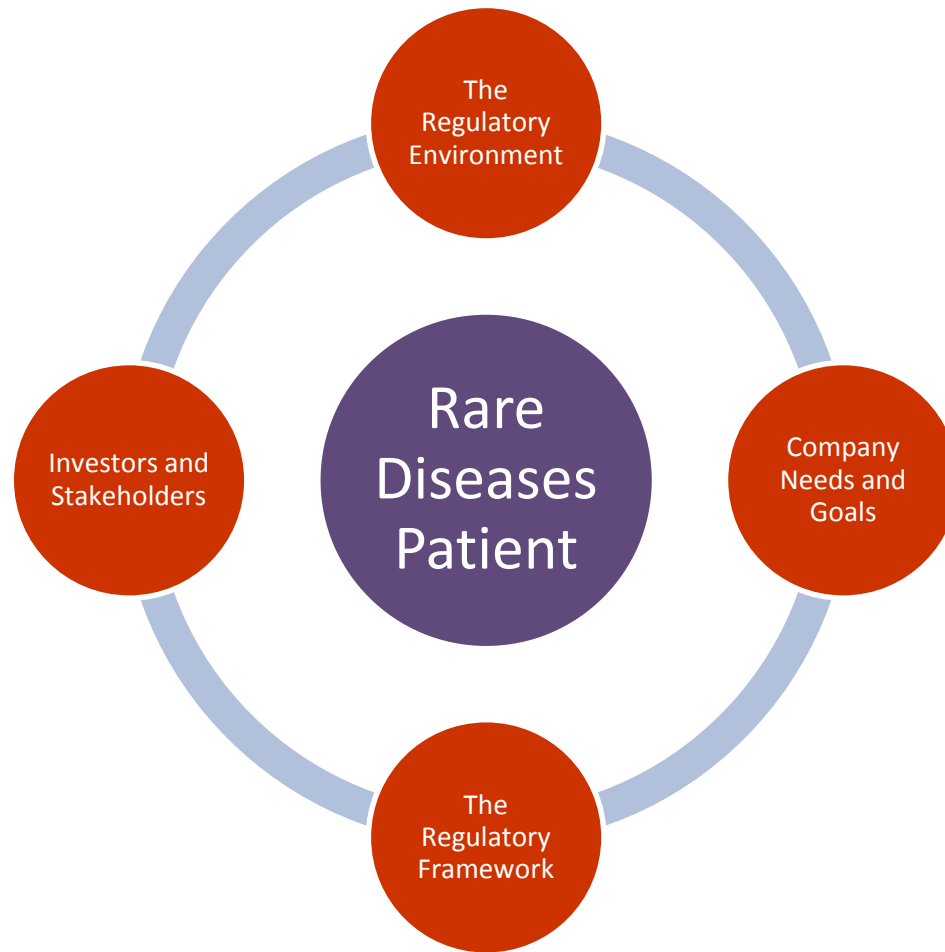


# Help



# **Patient Engagement and Empowerment**

# Engagement and Empowerment



# Patient Empowerment



- PRDPF! Formed in January 2014
- 501 (c ) (3) organization, charity status
- Tax exempt status in California and from the IRS
- Global outreach
- Free educational content
  - **Webinar 001 - *The Seven Things You Need to Know about the Drug Development Process For Rare Diseases, Dr. Lorna Speid, PRDPF!***
  - **Webinar 002 - *“Will Someone Please Tell Me What is Wrong With Me?” – Dr. Timothy McDaniel, now with TGEN***
  - **Webinar 003 - *“The Rare Diseases Patient at the Center of it All” – Dr. John Whyte, FDA***
  - **Webinar 004 – *“The Rare Diseases Patient at the Center of it All – Part 2”– Patient Engagement – Dr. Sangeetha Jethwa, Roche***
  - **Webinar 005 - *“Natural History Studies – Making a Contribution” - Part 1 – Laying a Foundation - Dr. Nuria Carrillo, NIH-NCATS***
  - **Webinar 006 – *“Natural History Studies and Your Rare Disease Child” – Part 2 –Dr. Ann Barbier, Agios Pharmaceuticals and Professor Morton Cowan, UCSF***

# Patient Empowerment



## CLINICAL TRIALS

WHAT PATIENTS AND  
HEALTHY VOLUNTEERS  
NEED TO KNOW

LORNA SPEID, PhD

### **PRDPF! Facebook page:**

<https://www.facebook.com/puttingrare diseasespatientsfirst>

### **PRDPF! Twitter:**

<https://twitter.com/PuttingRDPF>

### **PRDPF! Blog:**

<https://rare diseases123.wordpress.com/>

# Engagement: Risk Benefit Assessment



# Engagement: Risk Benefit Assessments

## Patient Scenarios

Adult male or female

Recent diagnosis

No known treatment

No natural history studies

Rapidly progressing

Shortened lifespan

Adult patient

Diagnosed some years ago

Treatment is suboptimal or only treats symptoms

Disease is slowly progressing

Lifespan may or may not be shortened

Natural history of the disease is known

The disease afflicts children

Numbers of children impacted are small

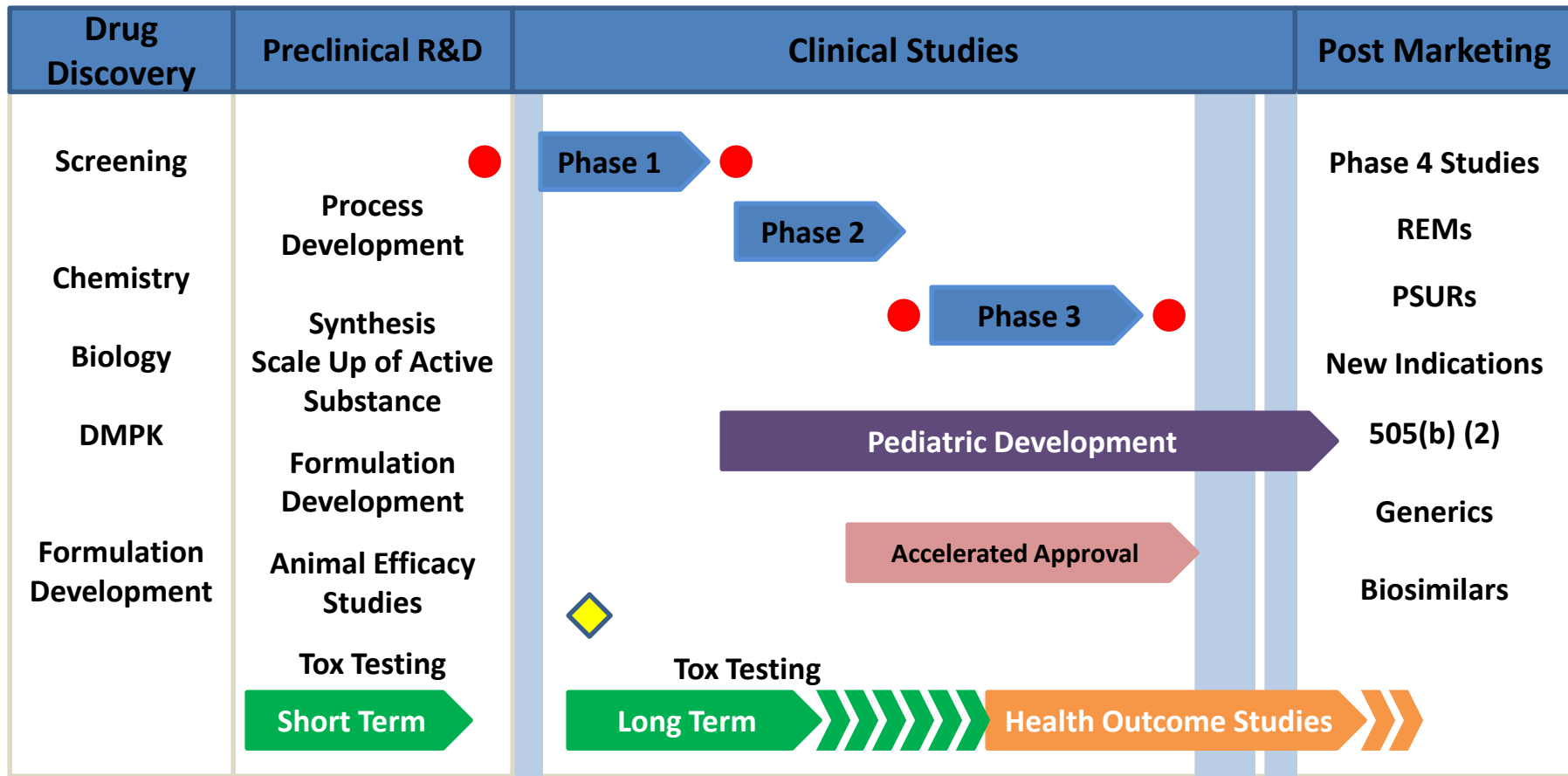
No effective treatments

Rapidly progressing

Shortened lifespan



# Making an Impact



● Sponsor / FDA & EMA meetings encouraged for scientific advice

■ FDA / EMA Time

◆ Start diagnostic/biomarker development

▲  
IND/CTA  
Submission

▲  
NDA/MAA  
Submission

▲  
Review Decision

▲  
Sponsor Answers  
Review questions

# Patient Involvement



# Pharma, Biotech, and Academia

## Engaging with Patients

- Engage with Patients
  - Targeted Product Profile
  - Global Regulatory Strategy – *Use regulatory mechanisms to speed up access to commercialization [patients]*
  - Well designed clinical trials
  - Well designed development programs
  - Right patients – Representative
  - Using the technologies available to us – right sized studies
  - Re-engineering our industry
- Reimbursement
- Get it Right First Time – Fastest Time to Market

# Patient Involvement – What Does it Look Like?

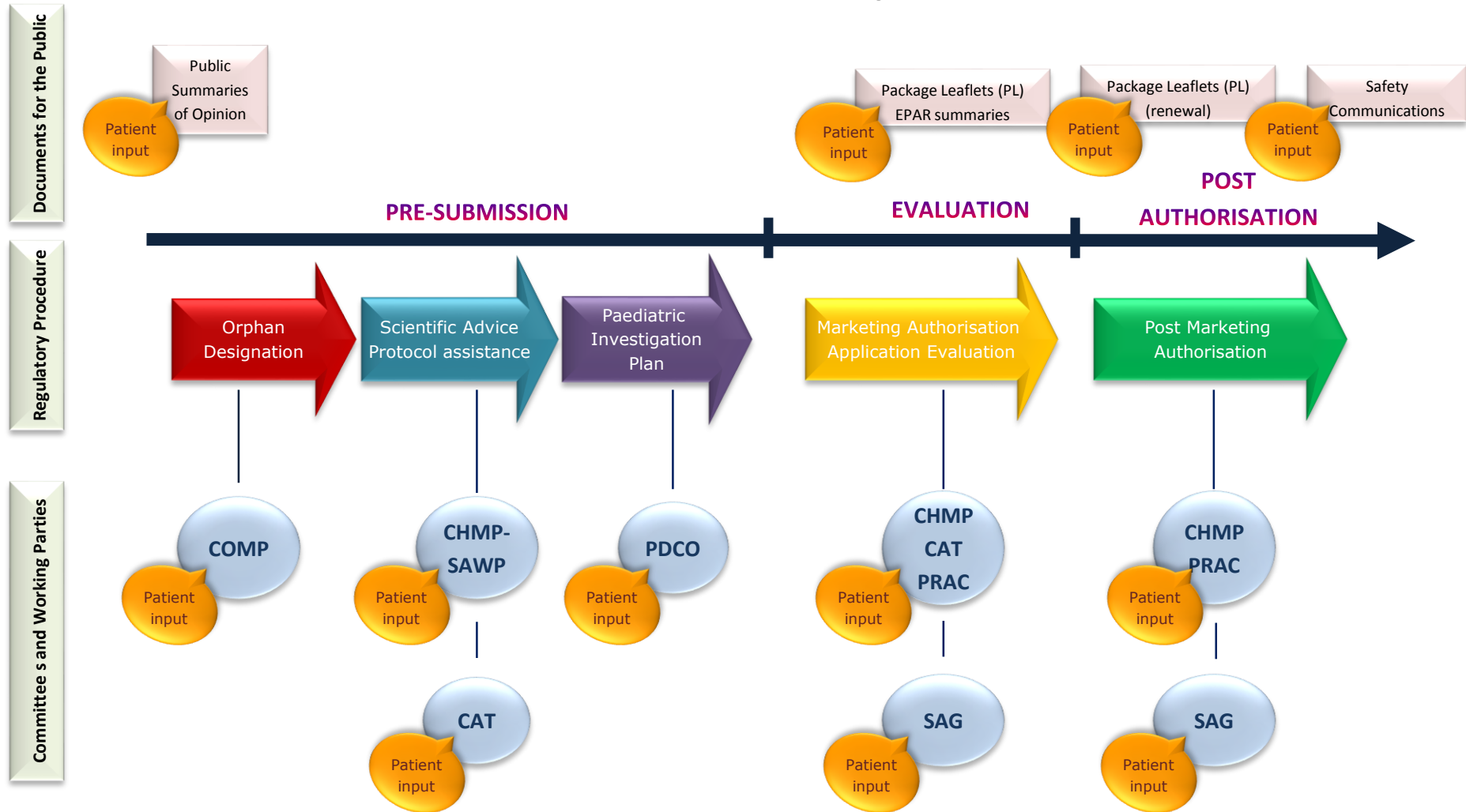
- Risk benefit assessment programs
- Natural History Studies – design and participation
- Patient Registries
- Legislation
- Regulatory Authorities
- Contribution to the design of clinical trials
- Ensuring there is sufficient support for patients in the trenches

# Regulatory Environment

- FDA [www.fda.gov](http://www.fda.gov)
  - Patient Liaison Program
  - Patient Network Website
  - Patient Reported Outcome
  - Patient Focused Drug Development Meetings

# Regulatory Environment

[www.ema.europa.eu](http://www.ema.europa.eu)



# Guidance for Best Practices

- No guidelines from FDA or EMA at this time
  - Be compliant with guidelines – when they are issued
- Care
  - Conflicts of interest
  - Vulnerability
  - Representative patients
  - Biases
- Templates
  - Don't reinvent the wheel
  - Learn from other disease areas
  - Engage with organizations that are already going through the process
  - Speak to real patients and parents of children with the disease in question
- Specially Trained Personnel
  - Pharmacists
  - Physicians
  - Nurses



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***[www.puttingrare diseasespatientsfirst.org](http://www.puttingrare diseasespatientsfirst.org)***

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